



EP 029 Stay in Your Lane

with Kristine Frost <https://shatteredglassadvisory.com/>

(Un) Professionalism Professionalism is staying in your lane. Unprofessionalism is going wherever you can create value.

Unprofessional Advice Never learn to make coffee, never carry a notepad into meetings, and pull up a seat even when you're not invited.

“Walk the factory floor and get to know your people before you write the policy.”

Wisdom Nugget Distance makes decisions look rational. Proximity reveals their consequences. The closer you are to the people living with your choices, the harder it becomes to optimise processes at the expense of humans. Understanding begins by paying attention where the work happens.

“Professionalism doesn't protect your job.”

Wisdom Nugget Many careers are built on the belief that hard work, compliance and being agreeable create security. Yet organisations, leaders and strategies change. What remains valuable isn't perfect conformity, but the judgement, relationships and perspective you cultivate while everyone else is simply following the rules.

Try It Out Next time you're left off a meeting that affects your work, invite yourself. Walk in, take a seat, and show them that you earned it by contributing value.

