

EP 035 When Private and Professional Collapse with Dr. Kate Raynes-Goldie http://kateraynesgoldie.com

(Un) Professionalism

Professionalism is a false safety: the right clothes, the right behaviour and the way it has always been done, which spare everyone the messy, different parts of us. Unprofessionalism is following curiosity and gut into the scary thing, inside a professional safety net strong enough to let it move the needle.

Unprofessional Advice

Trust your intuition, even when someone with years in the industry tells you, "You can't charge that."

"You do have to provide the professional safety net to be 'unprofessional' inside that."

Wisdom Nugget

When someone arrives late or misses a detail, we quickly read it as disrespect. ADHD might explain it differently, so might a culture where everyone runs late. The reading we choose decides whether the next meeting gets a workaround or a label.

"Believe how people tell you they're gonna be."

Wisdom Nugget

In dating, we often explain away first impressions, hoping someone will change. At work, we do the opposite: we polish first impressions as if they predict everything. What if both are mistakes? First impressions contain information, but they need curiosity.

Try It Out

Before the next client conversation, say one thing about how you actually work, the hours, the format, the thing you need, and let that be part of deciding whether it's a fit.


UNPROFESSIONALISM