

# Lead Yourself Into a Bigger, Bolder 2026



# 7

Transformational  
Questions for a  
Bigger, Braver  
Year



[tracydesoto.com](https://tracydesoto.com)



[@tjdesoto](https://www.instagram.com/tjdesoto)



[linkedin.com/in/tracydesoto/](https://www.linkedin.com/in/tracydesoto/)

Tracy DeSoto, LLC





Hi, I'm Tracy!



It is time to claim your favorite version of yourself!

## 2026 Is the Year for Clarity and Confidence!

Hi see you... you're stepping into a season where you're no longer asking

**"What am I doing wrong?"**

You're asking something far more powerful: **"What's possible for me now?"**

These seven questions invite you to shift out of survival mode and into self-leadership. They help you recognize your growth, claim your strengths, and make decisions from the version of you who knows she's meant for more.

This is your moment to get intentional about the woman you're becoming, grounded, confident, and fully aligned with the future you're creating.

Grab your pen. Let's elevate your year.

## 7 Questions To Ask Yourself for a Brave, BOLD 2026

**1: Who am I becoming, and what does she expect from me this year?**

**2: What energized me most last year, and how can I expand that energy?**

**3: What new beliefs will unlock the next level of my leadership, confidence, or purpose?**

**4: What have I been tolerating in my life that no longer aligns with my values or goals?**

## 7 Questions To Ask Yourself To Thrive in 2025

5: Where am I being invited to rise, professionally, emotionally, or personally?

6: If I trusted myself fully, what bold move would I make in the next 90 days?

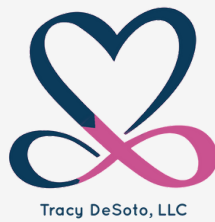
7: What boundaries, habits, or systems will protect my energy as I grow?

7: What three aligned actions will move me closer to the woman I'm becoming?

1.

2.

3.



# You're Becoming HER

You're stepping into a year shaped by intention, clarity, and possibility. Every time you choose growth over fear, alignment over overwhelm, and purpose over pressure, you strengthen the woman you're becoming.

This isn't about fixing yourself. You were never broken. It's about expanding into the version of you who leads with confidence, honors her ambition, and trusts her inner wisdom.

Welcome to 2026, a year of becoming, rising, and owning your power. I'm cheering you on every step of the way.

## Let's connect!

Ready to stay inspired, focused, and empowered all year long? **Join my email list** and gain access to exclusive insights, actionable tips, and transformational resources to help you thrive in your career and life.

[Join my community](#)